

A non-profit organization harnessing the power of volunteers ages 5+ to feed the hungry locally, nationally, and globally!

Harnessing the power of volunteers ages 5 & up, we prepare completely-nutritious food packs for hungry children and their families. Developed by leading food scientists, the perfect blend of rice, soy, dehydrated vegetables and a powerful 21 vitamins & mineral mix. When added to boiling water, each packet assembled at our warehouse will feed six! Working out of a borrowed warehouse, utilizing volunteers, forming partnerships for distribution, our total costs are <u>just 25¢/meal!</u> Most supplies and needed services are donated.

Kids Against Hunger was founded 35 years ago by Richard Proudfit when he first looked into the eyes of a starving child. Having dedicated his life and wealth to feeding those in need, Mr. Proudfit was a recent recipient of the prestigious *Jefferson Award*. Lincoln is one of 100 satellites nationwide. In the last 7 years we've provided over 5 million meals to the hungry in our *community* (local requests are met first); *domestically* after national crisis; *severely malnourished children* and their families world-wide. Food is distributed using on-ground teams, typically missionaries (non-governmental organizations) through orphanages, churches, hospitals & schools to ensure proper delivery.

Our volunteer experience is truly life-changing - not only for the children and families who receive the food, but also the youth & adult volunteers. Sessions begin with an overview of local hunger and global malnourishment followed by a hands-on/ opportunity to be part of the solution, closing with a "total children fed" celebration. So unforgettable is this experience, many volunteers package on a regular basis - including "therapeutic" groups who package twice monthly because of the tremendous impact on the children and young adults they serve. In fact, it's been scientifically proven that volunteer-work of this nature for children, will work to prevent future risky behaviors, serious behaviors in those same children during their teen years. Lincoln Kids Against Hunger is available to host your next gathering at our warehouse, team recognition, family reunions, birthday parties — a great way to celebrate!



Learn more by visiting our website: www.kahlincoln.org or calling our Executive Director, Dee Dee Neil @ 402.770.4532/dd@kahlincoln.org

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Warehouse: 2316 Kimarra Court Lincoln, NE 68521

Email: dd@kahlincoln.org

Website: www.kahlincoln.org